

Photo Log Sheet - A Thing of the Past?

Note: You can see the photo file information / metadata inside of Photoshop:
>File >File Info >Camera Data

Articles Worth Checking Out

[Photography Life: Exchangeable Image File Format \(EXIF\)](#)

Back in the film days, photographers were forced to carry a pen and a notepad with them to record important information such as [shutter speed](#), [aperture](#) and date. They would then use this information in the lab, going through one picture at a time, hoping that what they wrote actually corresponds to the right image. It was a very painful process, especially for newbies that wanted to understand what they did wrong when an image didn't come out right. Nowadays, every modern digital camera has the capability to record this information, along with many other camera settings, right into the photographs. These settings can then be later used to organize photographs, perform searches and provide vital information to photographers about the way a particular photograph was captured. This stored data is called "EXIF Data" and it is comprised of a range of settings such as [ISO speed](#), shutter speed, aperture, [white balance](#), camera model and make, date and time, lens type, focal length and much more.

[Better Pictures Through Words: The Lost Art of Photo Field Notes](#)

Taking notes isn't just so you can remember afterwards; it's about slowing yourself down and being deliberate about your pictures. The purposefulness that note-taking creates is something that leads to getting better at photography.



Exposure log books were common tools for photographers using film. No EXIF existed back then.



Exposure log books allow to write notes about each specific photo taken and can be a logic way to slow down your photography